



Enriching Children's Lives through Physical Education,  
Developing Good Health Habits for Life

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Welcome to USA Youth Fitness Center!! We are excited that you have selected our facility. Whether you are a student or parent, there are some things we would like you to know about our facility. Please continue reading our brief information packet.

### OUR PHILOSOPHY

Through the skills taught in our facility, children will develop a positive self-image. We are committed to providing a fun and rewarding atmosphere where even the smallest stride is a great success both in the eyes of the instructor and child. Our classes are tools that are used to build healthy minds and bodies. Our objective is not limited to just teaching skills, but to pass along life skills, coordination, memory recall, strength, rhythm, and most of all... HOW TO HAVE FUN!!!

USA is very proud to offer such a wide variety of activities for your child/children.

For your convenience, we have provided our annual calendar in your folder. Please refer to our program schedule for class times and tuition information. Once again, WELCOME to the East Valley's finest Youth Fitness facility.

### USA YOUTH FITNESS CENTER

Michael Naddour	President
Paris Bland	Boys' Gymnastics Program Director
Charles Payne	Girls' Gymnastics Program Director
Suzanne Cumnard	Preschool Gymnastics Director
Leslie Galan	Cheer Director
Jim Pongratz	Tramp & Tumbling Director
Tina McCarey	Dance Director
Sandye Smithson	Office Director